

Volume 2 | 2026

THE RESOURCE

The official publication of Securing Resources for Consumers, Inc.

Celebrating 20 Years of SRFC, INC.

Reaching 20 years in business is a meaningful milestone, one that reflects the trust placed in us, the resilience we have built, and the relationships that have shaped our journey.

What began as a vision in 2004 and evolved through a name and leadership transition in June 2006, has grown into a strong and thriving organization, made possible by the unwavering support of our communities and each of you.

Over the past two decades, we have had the privilege of working alongside you, learning from your experiences, and continuously evolving to better meet the needs of those we serve. Every challenge has strengthened our foundation, and every success has been shared with those who have believed in us from the very beginning.

As we celebrate this anniversary, we do so with gratitude for the past and excitement for the future. Our commitment remains unchanged: to provide services grounded in quality, integrity, and trust.

Thank you for being an essential part of our story. Here's to 20 years of impact and many more ahead.

Message from Leadership Team

As we step into the season of spring, we are reminded that change is a natural and necessary part of growth. Spring does not arrive quietly; it shifts the atmosphere, stretches the days, and asks everything to begin again. And while that renewal can be refreshing, it can also feel uncertain, especially during times when many are navigating economic pressures and personal responsibilities. We want to acknowledge that what you are managing, both professionally and personally, matters.

At SRFC, Inc., we understand that change can be challenging. It may require adjustment, patience, and resilience. But just like the season itself, change also carries the potential for renewal, opportunity, and progress. It creates space for new ideas, stronger systems, and continued growth both as individuals and as an organization.

As shared at the beginning of last year, our commitment remains the same: SRFC, Inc. is here to support you, so that you can continue to support our members. That commitment is not seasonal. It is foundational. Your work continues to make a meaningful difference in the lives of those we serve. The consistency, compassion, and professionalism you bring each day are what allow our organization to thrive, even in times of uncertainty.

As we move forward into this new season, we encourage you to:

- Embrace change as part of the journey, not just the challenge
- Take pride in the impact you are making
- Lean on your team and leadership for support when needed
- Recognize that growth often happens in the moments that feel the most uncomfortable

Spring reminds us that even after the most difficult seasons, there is always the opportunity to begin again, stronger and more prepared than before. Thank you for your continued dedication, your resilience, and your unwavering commitment to excellence.

Together, we move forward.

Karen R. Brooks and the Leadership Team

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Health, Wellness, and Mindfulness

Let's Talk About Stress... and How to Work with It, Not Against It

Stress gets a bad reputation, like an uninvited guest that shows up loud and lingers too long. But here's the truth: stress is not the enemy. It is a natural, built-in response that helps us stay alert, adapt, and navigate uncertainty. In many ways, it is the body's signal that something matters.

The key is not eliminating stress, but learning how to manage it in ways that support your well-being.

The good news is that small, intentional shifts in your daily routine can create meaningful change over time. Think of it as building momentum, one simple habit at a time.

Small Changes. Big Wins. Practical Ways to Reduce Stress:

- Laugh for 9 minutes a day
Genuine laughter can lower cortisol levels and give your mind and body a natural reset.
- Stand and move for 10 minutes
A short break to stand, stretch, or walk helps improve circulation and re-energize your system.
- Unplug for 30 minutes before bed
Stepping away from screens allows your mind to slow down and prepares your body for restful sleep.
- Stay connected
Reach out to someone you trust. A quick check-in can reduce feelings of isolation and remind you that you are supported.



Stress may be part of life, but so is your ability to respond to it with intention. Small steps, practiced consistently can lead to stronger mental and emotional well-being over time.



April: Autism Acceptance Month

Formerly known as Autism Awareness Month, Autism Acceptance Month emphasizes inclusion, understanding, and meaningful support for individuals on the autism spectrum. It is a time to move beyond awareness and into action by creating spaces where all individuals are valued and supported.

May: Mental Health Awareness Month

The month of May is recognized as National Mental Health Awareness Month, a dedicated time to bring attention to the importance of mental and emotional well-being. This month encourages open conversations, reduces stigma, and reminds us that prioritizing mental health is essential to overall wellness. Mental Health Awareness highlights the importance of early support, access to care, and honest dialogue around challenges such as stress, anxiety, depression, and daily life pressures. Most importantly, it reinforces a powerful truth: seeking support is a sign of strength, not weakness.



May: Mother's Day



On Mother's Day (May 10, 2026), we celebrate the incredible mothers everywhere for their love, strength, dedication, and for all they do. Whether you are a mom, a grand mom, a mother figure, or someone who loves like one, thank you for all the ways you support, inspire, and nurture. May your day be filled with joy, appreciation, and a little relaxation, which you so deserve.

May: Memorial Day

Memorial Day will be observed on Monday, May 25, 2026. Memorial Day is a time to honor and remember the brave men and women who gave their lives in service to our country. It is a moment of reflection, gratitude, and respect for those who made the ultimate sacrifice to protect the freedoms we enjoy today. As we gather with family and friends, we pause to recognize their courage and ensure their legacy is never forgotten.



June: Monthly Observances

June brings several important national observances that reflect the importance of whole-person care and community awareness:

- Alzheimer's & Brain Awareness Month: Raises awareness about Alzheimer's disease and other forms of dementia, while promoting brain health and supporting those impacted.
- National Safety Month: Focuses on preventing injuries and promoting safety in the workplace, on the road, and at home.
- Men's Health Month: Encourages men and boys to prioritize preventive care, regular check-ups, and healthy lifestyle choices.
- LGBTQ+ Pride Month: Celebrates the history, achievements, and continued pursuit of equality within the LGBTQ+ community, while promoting inclusion and respect for all.



June: Juneteenth

Juneteenth, celebrated this year on June 19, 2026, is an important annual day that commemorates the end of slavery in the United States. It is a day for all Americans to learn, reflect, and grow from this nation's history. In 2021, President Joe Biden set aside a bill that declared this day a Federal holiday. You are encouraged to celebrate this day by attending events and learning more about the day.

Durham, NC

First Calvary Baptist Church for Cavalier Fest

April 4, 2026, 11 AM - 2 PM
Southern School of Energy and Sustainability
800 Clayton Road
Durham, NC 27703
Free Event

Bimbe Cultural Arts Festival

May 16, 2026, 1 PM - 7 PM
Rock Quarry Park
710 Stadium Drive
Free Event
The Bimbe Cultural Arts Festival honors African American history, culture, art, and traditions.

Most Juneteenth official events have not been confirmed yet, but Durham usually has the biggest Juneteenth celebration, so stay tuned for more details as the day approaches.

Henderson, NC

5th Annual Juneteenth Celebration

June 20 or June 21, 2026
Typically held near the Vance County Courthouse, downtown Henderson
Features: Music, food vendors, local artist, community activities, and cultural presentations.
Free Event

Charlotte, NC

Juneteenth Festival of the Carolinas

June 18-21, 2026
Plaza Midwood
Central Avenue area
Free Event

The Be More Grateful Event

A large Hip Hop Music Festival is expected to have names like 50 Cent and Busta Rhymes
June 13, 2026
Concord, NC
Free Event

Atlanta, GA

Forest Park Spring Festival

April 4, 2026, 3 PM - 8 PM
Kiwanis Park, City of Forest Park
Free and family fun event

The Juneteenth celebrations for 2026 have not officially been published, but based on past events, it is likely that these events will occur again in Jonesboro, Morrow, and other surrounding counties and cities. These events will feature Live music, food, cultural performances, block parties, games, and local organizations. To find out more updated information: www.claytoncountyga.gov

Welcome to our team!

Please take time to welcome the new members to our SRFC, Inc. family. We are thrilled to have them as a part of our team:

Durham, Residential Program

- L. Jeffries Residential
- A. Williams Residential
- N.Thomas Residential

Durham Day Supports Program

- Chavez PP
- Cutshaw PP

IDD/ITS- All NC Locations

- S. Rahim PP
- L. Thomas PP
- N. PP
- L. PP
- S. Ocampo PP
- S. Youmans PP, CPSS
- T. Jones PP

Outpatient Therapy

- M. Stephens, MSW, LCSW-A
- S. Cagle, MSW, LCSW

Charlotte, NC Office

- L.Mitchell CPSS
- S.Chisholm CPSS

Henderson, NC Office

- A. Foster QP
- A. Byrd PP

Atlanta, GA Office

- D. Lake Peer
- D. Hart Peer

Happy Birthday to all April, May, and June birthday honorees!

We celebrate each one of you on your special day. May the year ahead bring joy, success, and unforgettable moments. Thank you for being such an important part of the SRFC family.

Employee Resource

Join Our Team!

Securing Resources for Consumers, Inc. has the following job opportunities available. Please visit our website www.srfcinc.com and submit your resume and cover letter for the positions of interest:

Durham, NC

- Job Coach
- Day Support Staff
- Community-Based IDD 1:1 Workers
- Residential Openings (Durham)
- Residential Counselor: Durham 2 nd shift Males needed
- Day Support Worker: Durham, 1st shift, male/ female needed
- IDD / Community Worker: Durham, several opportunities available

Charlotte, NC

- Certified Peer Support Specialist
- Community-Based IDD 1:1 Workers
- Community-Based Behavioral Health 1:1 Workers

Atlanta, GA

- Certified Peer Support Specialists
- Director of Behavioral Health/Substance Abuse Services

Henderson Office

- Community-Based IDD 1:1 Workers
- Community-Based Behavioral Health 1:1 Workers

Office Closures

The Easter Holiday is approaching and will be observed on Sunday, April 5, 2026.

SRFC administrative offices will be closed on Friday, April 3, 2026 in observance of the Easter Holiday.

CPR/1st Aid Quarterly Schedule

All trainings will take place at our Day Support building

@10am:

- April 21, 2026
- May 19 2026
- June 16, 2026

For any questions regarding training information, please contact stephanie.santiago@srfcinc.com

NCI training dates TBA. Please contact Stephanie Santiago for further updates.

2nd Quarter Payroll

Employee Payroll Schedule:

April 1, 15
May 1, 15
June 1, 15

Contractor Payroll Schedule:

April 2, 16
May 7, 21
June 11, 25

Bad Office Joke: It's called gross pay because it's disgusting to see how much money you would have made before taxes.